



NABS

National Associated Buying Services Association

Caregiver Services



PROGRAM HIGHLIGHTS

Caregiver Advocacy

- You have unlimited access to a personal caregiver advocate

Fraud and Estate Settlement

- Assistance with a loved one's estate settlement

Extensive Website Resources

- An extensive library of caregiver information, tools and databases

Medicare Assistance

- Medicare guidelines, screening of initial needs, and help reducing costs

Personal Wellness

- Suggestions and resources for health and wellness



NABS

Visit: <https://nabs-cg.gisandco.com>
Call 24 Hours: 1-888-453-5925

A SOLUTION TO ALLEVIATE THE STRESS OF BEING A CAREGIVER

Caregiver Stress

More than 42 million families, or 21 percent of U.S. households, experience daily limitations caring for a dependent adult. Many Americans are providing caregiving services to a loved one while working. Working caregivers find their work day often interrupted, face increased problems with concentration and are often forced to leave the workplace. Caregivers are more susceptible to poor health, chronic illness, eating disorders, substance abuse, and sleep problems. The stress of being a primary caregiver often leads to the caregiver developing illnesses such as heart disease and autoimmune disease. Being the primary caregiver of a loved one places increased stress on the caregiver and the family, often leading to additional stresses and challenges on the family unit.

Addressing a Growing Health Issue

Caregiver Services provides an effective solution for caregivers of seniors, oncology, head trauma, pulmonary vascular disease, congestive heart failure and substance abuse dependent adults and assist with family-stress. As a caregiver you have unlimited access to a personal Caregiver Advocate through a toll-free number. In addition, you have access to a web platform providing information and interactive tools, including Medicare guidelines, gerontology resources, personal wellness suggestions, and resources daily living easier. The website also gives you access to a variety of searchable databases such as federally rated nursing homes, physicians, dialysis centers, cleaning services, and wellness resources. You can download important documents needed in times of illness or to perform your duties as a caregiver, track medication and medical appointments, and take notes.



Caregiver Services



Program Highlights

Caregiver stress is an increasingly prevalent stress afflicting millions of Americans as one-in-five U.S. households provide care for an adult family member. Caregiver stress is both physical and mental, characterized by malaise, chronic illness, poor work performance, and despondency. Caregivers suffer diminished health and increased susceptibility to substance abuse and habitual disorders. Caregivers also face strain in their own family relationships between spouses and children. In the workplace, Caregivers are less productive employees. This Caregiver Services program provides you with a comprehensive solution to help with the stress and challenges of caregiving. The program includes: (1) unlimited, access to your personal caregiver advocate by phone or instant messaging; (2) a web-based portal for accessing caregiver information and searchable databases; and (3) health and wellness-based resources.

Caregiver Advocacy

The caregiver advocate quickly becomes a trusted resource for a caregiver, providing you with guidance to ongoing challenges of caring for their loved one. A personal caregiver advocate is available to provide one-on-one consultation and help address urgent needs such as benefit eligibility and long-term planning. The caregiver advocate will also direct specialized services such as Medicare and Medicaid questions. Caregiver advocates and services span across several areas including eldercare, oncology, head trauma, pulmonary vascular disease, congestive heart failure, substance abuse, and family-stress relationships.

Fraud and Estate Settlement

Financial abuse has been dubbed the "Crime of the 21st Century." Protecting a loved one's financial assets must be a priority for caregivers. Protection begins by assembling crucial documents and replacing those that are missing with the assistance of a fraud specialist. The fraud specialist then performs an exhaustive credit file review and resolution of existing fraud. Fraud specialists are also available to facilitate the settlement of a spouse's estate including credit review, deceased's file suppression, searching for imbedded life benefits, and death notification to all relevant parties.

Information Resources

Caregivers need certain knowledge and skills both to provide the best possible care and to protect their own well-being. Many caregivers feel they don't have the necessary knowledge so they lack confidence which exacerbates distress. Medical experts strongly advise caregivers to seek educational programs to satisfy these challenges. An added stress factor is the selection of an appropriate, cost effective medical provider or long-term institution. Caregiver Services provides extensive educational resources and links directly to federal databases which are indispensable for initially screening medical providers and long-term institutions.

Medicaid Expenses

Medicare was once well-defined and easily understood. Subsequent legislation has complicated the program, not unlike our "clear as mud" tax code. Folks are now forced to interpret confusing nomenclature and vague acronyms. Medicare remains fairly straight forward, but does require an effort to grasp the primary concepts. Caregiver's Guide to Medicare is intended to facilitate this effort. To control residual costs, the service includes a platform for initial screening of covered benefits and a link to the Medicare database to identify physicians accepting assignment. Services include access to over 100 gerontology resources and professional assistance that might substitute for more costly medical services.

Caregiver Health

Caregivers can also find resources to improve their own personal health as they provide care to their loved ones. Caregivers can find helpful resources to make daily living easier, articles with topics addressing areas of stress, and tips for having a healthy lifestyle and healthy relationships.